

# MALIK THOMAS



## DOUVRIS MARTIAL ARTS

Ottawa • Canada

2nd Degree

Specializes in:

- Traditional Hard Style Forms
- Classical Forms
- Tradition Weapons
- Point Sparring

### WKC CANADIAN NATIONALS

- 2018 Canadian National Champion Hard Style Forms Boys (13-14)
- 2018 Canadian National Champion Classical Forms Boys (13-14)
- 2018 Canadian National Champion Traditional Weapons Boys (13-14)
- 2018 Canadian National Champion Point Sparring Boys (13-14) (-60kgs)

### WKC WORLD CHAMPIONSHIP

- 2015 World Silver Medalist Traditional Weapons Boys (11-12)
- 2016 World Champion Classical Forms Boys (11-12)
- 2017 World Silver Medalist Point Sparring Boys (13-14) (-50 kg)
- 2017 World Silver Medalist Creative Weapons Boys (13-14)



DOUVRIS

Karate • Fitness • Leadership  
Ottawa • Canada